**Hospital Bag Checklist**

Last minute checklist for the hospital bag

For Momma:

 -Camera

 -Change of clothes

 -PJ’s or comfortable clothes during hospital stay

 -Slippers or flip flops

 -Toothbrush and toothpaste

-Personal hygiene items (brush, deodorant, lotion, shampoo / conditioner, etc)

 -Hair tie or clips to keep your hair back

 -Phone and phone charger

 -Nursing bra and breast pads

 -Insurance card(s) and picture ID

 -Any prenatal records give to you by your doctor’s office

\*Including tubal consent forms, if applicable\*

For Baby:

 -Change of clothes

 -Mittens / Socks

 -Carseat

 -Blanket

 -Baby book

\*No need to bring diapers or wipes, the hospital will provide this for you\*