**Hospital Bag Checklist**

Last minute checklist for the hospital bag

For Momma:

-Camera

-Change of clothes

-PJ’s or comfortable clothes during hospital stay

-Slippers or flip flops

-Toothbrush and toothpaste

-Personal hygiene items (brush, deodorant, lotion, shampoo / conditioner, etc)

-Hair tie or clips to keep your hair back

-Phone and phone charger

-Nursing bra and breast pads

-Insurance card(s) and picture ID

-Any prenatal records give to you by your doctor’s office

\*Including tubal consent forms, if applicable\*

For Baby:

-Change of clothes

-Mittens / Socks

-Carseat

-Blanket

-Baby book

\*No need to bring diapers or wipes, the hospital will provide this for you\*